

# Picture Day Preemie Baby Hats



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## Introduction

Preemies need hats to keep warm, but special hats allow newborns to “dress up” for picture day.

Premature babies are more susceptible to skin reactions and infection, so their hats will need to be hypoallergenic and need to be sanitized before use. It is important to only use synthetic yarn. These patterns are using worsted weight synthetic yarn.

Hats donated to The Superhero Project do not need to be sanitized prior to delivery. If you wish to donate to your local NICU ask if they will sanitize them there or if you need to do it (and how).

Most babies receiving hats from The Superhero Project are in the 2 - 4-pound range, with a head circumference of 10 - 12 inches, so your completed hat when laid flat should measure 5 to 6 inches across. Hats slightly smaller or larger can be used as well, so if your sizing is “off” please still donate the hat.

These patterns start with a basic beanie style hat which is the basis for the fancy hats. I used a size H/8/5mm crochet hook, but you may go up or down a hook size based on how tightly you crochet. To make hats for different head circumferences, decrease the number of stitches in Row 3 or increase the number of stitches in Row 4 of the instructions and continue that number to row 10.

Terms: ch = chain, sl st = slip stitch, sc = single crochet, dc = double crochet

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These patterns may be used for charity purposes only. They may not be used for any items which will be sold.  
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## Basic Beanie Hat

Chain 3 and sl st to form a circle

Round 1: ch 3, 11 dc. Sl st to original ch 3 to close circle. Do not turn. You should have 11 stitches around.

Round 2: ch 3, 2 dc in each stitch. Sl st to original ch 3 to close circle. Do not turn. You should have 22 stitches around.

Round 3: ch 3. 1 dc, 2 dc all the way around. Sl st to original ch 3 to close circle. Do not turn. You should have 33 stitches around.

Rounds 4 - 10: ch 3, 1 dc in each stitch. Sl st to original ch 3 to close circle. Do not turn. You should have 33 stitches around.

At the end of Round 10, fasten off and weave ends into vertical row of ch3s.



## Wonder Girl

You will need royal blue, gold (or yellow) and red yarn for this hat.

Make Basic Beanie hat in royal blue and fasten off.  
Make a mini version of a 5-Point Star in Red to sew onto tiara.

### 5-Point star

Chain 6 and sl st to form a circle.

Ch 2. \*dc through center of circle, chain 3, 2 sl st around post of dc, 1 sl st through center of circle. Repeat from \* until end to make a 5-point star. Fasten off leaving at least 8 inches of yarn on the end.

### Tiara

Row 1: Attach gold or yellow yarn to site of royal blue tie off. Chain 2, then sc in next 17 stitches; 3dc, then sc to end. Sl st to original ch 2 to close circle. Do not turn.

Row 2: Chain 2, then sc in next 18 stitches; 3dc, then sc to end. Sl st to original ch 2 to close circle. Do not turn.

Row 3: Chain 2, then sc in next 19 stitches; 3dc, then sc to end. Sl st to original ch 2 to close circle. Do not turn.

Row 4: Chain 2, then sc in next 20 stitches; 3dc, then sc to end. Sl st to original ch 2 to close circle. Do not turn.

At the end of Row 4, fasten to other side, fasten off and weave in ends.

Using yarn needle, sew star to tiara on hat with 1 point toward the top and 2 points toward the bottom.



## Patriot

You will need royal blue, red and white yarn.  
Make 5-point star in white to sew centered onto blue center circle.

### 5-point star

Chain 3 and sl st to form a circle.

Round 1: Ch 2, 14 dc in the circle, join to ch 2 with sl st.

Round 2: \*Ch 2, dc, chain 3, 2 sl st around post of dc, sl st in next 2 stitches. Repeat from \* until end to make a 5-point star. Fasten off leaving at least 8 inches of yarn on the end.

### Hat

Using blue yarn: Chain 3 and sl st to form a circle

Round 1: ch 3, 11 dc. Sl st to original ch 3 to close circle. Do not turn. You should have 11 stitches around.

Round 2: ch 3, 2 dc in each stitch. Sl st to original ch 3 to close circle. Do not turn. You should have 22 stitches around.

Round 3 - 4: ch 3, 1 dc, 2 dc all the way around. Sl st to original ch 3 to close circle. Do not turn. You should have 33 stitches around.

Tie off and switch to Red yarn.

Rounds 5 - 7: ch 3, 1 dc in each stitch. Sl st to original ch 3 to close circle. Do not turn. You should have 33 stitches around.

Tie off and switch to White yarn.

Rounds 7 - 8: ch 3, 1 dc in each stitch. Sl st to original ch 3 to close circle. Do not turn. You should have 33 stitches around.

Tie off and switch to Red yarn.

Rounds 9 - 10: ch 3, 1 dc in each stitch. Sl st to original ch 3 to close circle. Do not turn. You should have 33 stitches around.

At the end of Round 10, fasten off and weave ends into vertical row of ch3s.

Use white yarn to make the star (star directions are below the hat description).

Using yarn needle, sew star to center of blue top of hat.



## Superb Baby

Use the basic beanie hat pattern to make your hat in royal blue. Emblem is yellow triangle, edged in red with red S sewed onto it.

To make emblem:

Row 1: chain 3, turn and make 2 dc in 3<sup>rd</sup> stich from hook. Should have 3 stitches.

Row 2: Turn, chain 3, 1 dc in same stitch as chain. 2 DC in next stich. 1 dc in last stich. Should have 6 stitches.

Row 3: Turn, chain 3. 1 dc in same stitch as chain. \*1 dc in next stich, 2 dc in next stich. Repeat from\* till end of row. Should have 8 stitches.

Row 4: Turn, chain 3. 1dc in same stitch as chain. 1 dc in each stich till end of row. Should have 9 stitches.

Tie off.

Switch to red yarn and edge entire triangle in red single stitches. Use red yarn to sew emblem onto hat. Use red yarn to Chain 20. Tie off and leave a long tail to sew capital "S" onto hat.



## Bat Hat

Use the basic beanie hat pattern to make your hat in Black.

To make ears:

Row 1: Chain 13, Dc in 3rd stich from hook and in each chain to end. Total 12 stiches. Turn.

Row 2: Chain 3, Ds in each stitch to end.

Make point on top of ear by turning work clockwise and make 1 sc in end of last stitch, Dc, chain 3 then 2 slip stitches around bar of Dc, slip stitch in last stitch. You should be at the end of the row.

Tie off leaving enough yarn to sew ear to hat.

Sew so that the top point of the ears is even to the top of the hat. Sew so that point of ears and two double crochets below it are unattached.

